Biography: Carolyn Steele

Carolyn has been a psychologist, a paramedic, a proof reader and several other things, not all of them beginning with P. A trucker, for example. She began writing the day she decided to try and see the world...doing both just to find out whether she could. When excerpts from her first travelogue were published by the *Rough Guides* she decided to keep on doing both. It made a change from teaching CPR to nightclub bouncers and designing wedding cakes.

Carolyn maintains that she is either multi-faceted or easily bored, depending on who is enquiring. Born and bred in London, England, Carolyn and her son Ben are now Canadian citizens and live permanently in Kitchener, Ontario.

Her Armchair Emigration series, which began with A Year on Planet Alzheimer and finishes with Trucking in English, will be complete when Bed and Breakfast is published in 2013 to fill the gap in the middle.